

SPEEDING

One of the most important ways to stay safe while driving through inclement weather is to control your speed. Virginia law requires that you always obey the speed limit, but during inclement weather sometimes the safest speed is a slower one. In 1999, according to the National Highway Traffic Safety Administration, speeding was a factor in...

29%

of fatal crashes that occurred on **dry roads;**

32%

of those that occurred on **wet roads;**

48%

of those that occurred when there was **snow or slush on the road;**

and in

54%

of those that occurred on **icy roads.**

For further information, please contact:

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Center for the Advancement of Public Health
MS 1F5
Fairfax, VA 22030-4444
(703) 993-3697 FAX (703) 993-3763

Check out our safety web site at:
www.safety.gmu.edu

For local information, please contact:

Your local Police Department
or Sheriff's Office

Northern Virginia:
Bob Weakley
Community Transportation Safety Program
6308 Grovedale Drive
Alexandria, VA 22310
(703) 313-9443

Shenandoah Valley:
Doug Stader
Community Transportation Safety Program
Transportation Safety Services
3281 Peoples Drive
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Funded by a grant from
Virginia Department of Motor Vehicles

Driving

(Safely)

Through

a

Winter

Wonderland



Emergency Winter Driving Kit

According to the Virginia Department of Transportation, all drivers should keep an emergency winter driving kit in their car to assist them if they become stuck during inclement weather. Citizens are advised to plan for the worst so they will be prepared in the event they become stuck in a winter storm. An emergency winter driving kit should include:

- ☒ Booster cables
- ☒ Brightly colored cloth to use as a flag
- ☒ Extra set of mittens, socks and a wool cap
- ☒ First aid kit with pocket knife
- ☒ Flashlights with extra batteries
- ☒ Matches
- ☒ Necessary medications
- ☒ Rain gear and extra clothes
- ☒ Set of tire chains or traction mats
- ☒ Several blankets
- ☒ Sleeping bags
- ☒ Small sack of sand or kitty litter for generating traction under wheels
- ☒ Small shovel
- ☒ Small tools (pliers, wrench, screwdriver)